

# Saddle Up! Foundation

By Mike Waid

## A 501 (c)3 Non-Profit

SaddleUp! Foundation of Colorado, and I have always embraced the Western way of life. A 'cowgirl' by nature, I grew up with a love of horses and a love for the community I call home. As the founder and president of the SaddleUp! Foundation I am accomplishing a childhood dream of creating an opportunity for others to experience the joys of horsemanship.

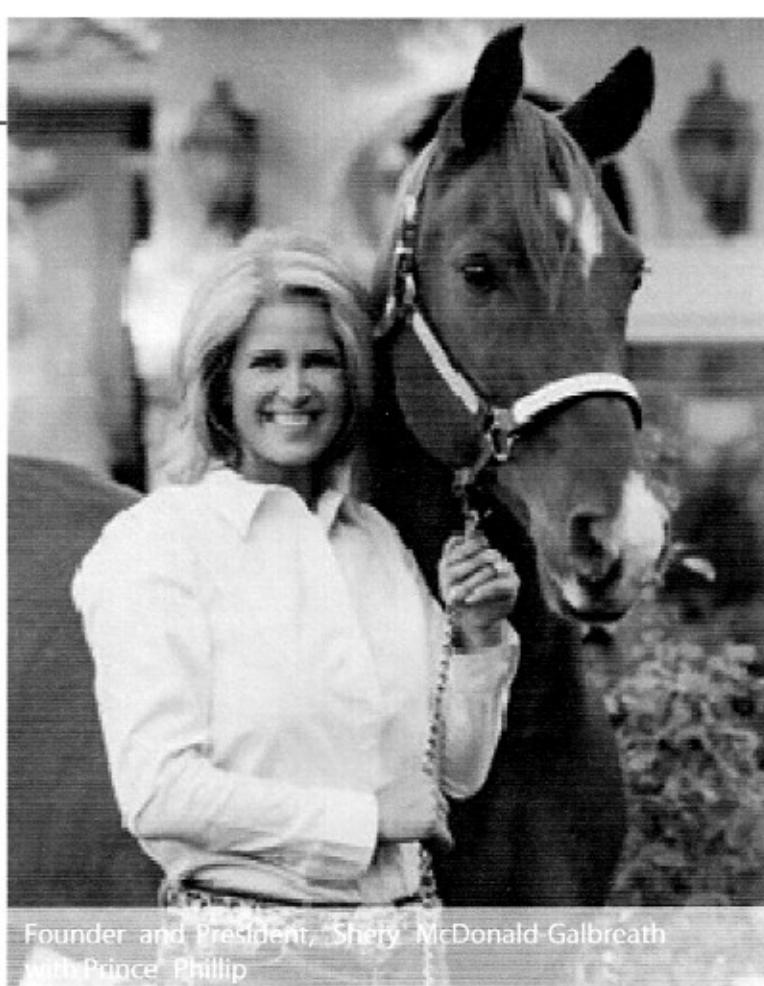
**Name of Non-Profit and Description:** SaddleUp! Foundation is a 501 (c)(3) non-profit that caters to all levels of horsemanship. We take pride in our "mother-approved" horses, our wide range of equestrian classes with certified instructors offering Hippotherapy, Dressage, Hunter Jumper, Equitation, Endurance, Western Pleasure, Barrel Racing and more. What really gets our hearts galloping is opening our barn doors to students who have physical and emotional challenges and providing our horses and facility for the hippotherapy sessions, free of charge. At SaddleUp! Foundation, we believe there is much more to horsemanship than just learning to ride. We teach our students to respect the horses, to respect each other, and to take pride in their work both inside and outside of the arena.

**Horses:** 1 Arabian named Prince Phillip; 1 Paint named Duke; 5 Quarter Horses named Elvis, Cowboy, Rhett, Robin and Salsa; 3 Welsh Ponies named Domino, Peanut Butter and Isabelle.

**Other Animals:** A 15 year old Rottweiler named Ubu, 2 Bernese Mountain Dogs, Bruno and Berniece and a Miniature Dachshund named Buddy.

**What are you Most Proud of?** I would have to say "who I'm most proud of" and that would be my daughter, Emma. I founded SaddleUp! in 2002 because a sweet friend of Emma's was in a car accident and became paralyzed. I knew that I had to do something to make her friend smile. Emma and I began helping the physical therapist I hired to help with the hippotherapy program. Emma was our "lead walker" and I was the "side-walker." Seven years later, when our hippotherapy students realize that she is home from school and going to be a part of their lesson - their smiles say it all. And, Emma beams knowing she is doing something important. I'm extremely proud of Emma.

**Who Inspires you?** My husband, Jim Galbreath. When I first met Jim, I was working in the media, we were always dressed up and attending wonderful charity events that I would write about. I used to tell him that as much as I loved my job, I was a "jeans and



Founder and President, Shery McDonald-Galbreath with Prince Phillip

t-shirt" type of gal. When I decided to quit and begin SaddleUp! Jim was my biggest supporter. He has always believed in what my dreams were for this foundation and for that I will always be grateful. When I told him that I would rather keep SaddleUp! small and not have to charge for the use of our facility or horses to the families that were in our hippotherapy program, than have numerous students and charge - he didn't blink an eye, he just said he was proud of me and that helping the families who already have unbelievable medical bills was the right thing to do.

My grandmother Emma, who I adored, used to say to me when she was blissfully happy, "my cup runneth over." I think that says it all.

How will a \$50 donation help the SaddleUp! Foundation? Anyone who owns a horse understands the expense...but also understands that the love you receive from these majestic animals is worth every penny. Donations to our non-profit help defer the high cost of maintaining the horses and the facility. Everything from a trim for a horse; a few bags of shavings; bales of hay; grain; grooming supplies; just to name a few. But, the most important use of the donation will help SaddleUp! Foundation continue to offer our facility and horses to our hippotherapy families, free of charge.

*If you would like to SaddleUp! please call Shery McDonald-Galbreath at 303-788-1666 or visit [www.Saddleupfoundation.org](http://www.Saddleupfoundation.org).*

## Your Donation Can Help!

Name _____	Address _____
Phone _____	Donation Amount \$ _____
11152 East Daley Circle • Parker, Co 80134 303-788-1666 • <a href="http://www.SaddleUpFoundation">www.SaddleUpFoundation</a>	